



THE JOY OF VOLUNTEERING



“Those who are happiest are those who do most for others”, this quote from Brooker T. Washington resonates well with Belle Kaagapay volunteers. Signing up for volunteer activities is more than just giving time to help others. It requires kind-hearted people whose joy rests on smiles they give to others.

On October 19, 2017, seven hard-working women volunteered to help feed 60 undernourished students of Suplang Elementary School. Waking up in the wee hours of the morning and leaving Manila at the break of dawn, they took time off from their respective desk jobs for a different kind of accomplishment.



"I feel good when I do small things like this. So I see to it that if there's an activity like this and as long as I am free, I don't hesitate to join."



These volunteers exemplified the true meaning of being a Belle Kaagapay, from preparing and serving meals, instilling the value of saying grace before eating, promoting proper hygiene thru washing of hands before and after each meal and brushing of teeth after eating, to the washing the dishes.



An experience worth cherishing, each volunteer has found fulfillment and purpose. "So much happiness! Lalo na nung nakikita mo silang nasasarapan sa food (especially when you see them enjoying the food)," said Ms. Edna Anasco of Sales Administration.



"I always have this deep sense of happiness in helping others and giving back to the community."



These women were no stranger to volunteer work as they have joined other Belle Kaagapay activities in the past. “I feel good when I do small things like this. So I see to it that if there is an activity like this, and as long as I am free, I don’t hesitate to join”, said Ms. Angelina Manalad of Treasury Department. This was supported by another frequent Belle Kaagapay volunteer, PLAI’s Ms. Hiyasmin Equibal, “I always have this deep sense of happiness in helping others and giving back to the community. I am further encouraged as Belle and PLAI engage and empower their employees with volunteer work through Belle Kaagapay programs. These opportunities motivate me to do the things that matter to me.”

Belle Kaagapay has been and will continue spreading joy to our beneficiaries and our volunteers. Experience the joy of volunteering by signing up to our next activities to be announced soon!

